



# NOVEMBER 10TH 0800 START VETERAN'S DAY WEEKEND OLD TRAIL VILLAGE, CROZET

**www.Freedom5K.net for More Mission Ops**

Freedom 5K welcomes runners of all ages, walkers, leashed dogs and baby joggers.  
Information: Michael Kaminski, Race Director 434-962-2752 or Livebullish@gmail.com

**Packet Pick-up:** OPTION 1: November 9th from noon-7 p.m. at Charlottesville Running Company  
OPTION 2: November 10th from 7:00-7:45 a.m. at race start, Old Trail Village.

## REGISTRATION FORM

**Registration closes November 8th, 2012**

Send form and entrance fee to:  
**Freedom 5K/Memorial Mile,**  
**P.O. Box 161, Ivy, VA 22945**  
(Extreme weather cancels. No refunds.)

Make checks payable to:  
**Family Fund, Inc.**

Entry fee: (check one)

- Freedom 5K**
- \$20 per patriot (before Nov. 1st)
  - \$30 per patriot (Nov. 2nd - Nov. 8th)
  - \$10 Military Rate (Active Duty or Veterans)

- Memorial Mile (Family Fun Run/Walk)**
- \$10 Adults
  - \$5 Children under 16

\$5 For Memorial Sign      We will place a sign on the course in your words:

Name \_\_\_\_\_ Gender    M    F

Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Age on Race Day \_\_\_\_\_ Date of Birth \_\_\_\_\_

In consideration of your accepting this entry, (I below signed) intending to be legally bound for myself, my heirs, executors, administrators, and assigns waive and release all rights and claims for damages I may have against the Freedom 5K, Bad to the Bone directors, officers, employees, agents and volunteers of the Freedom 5K and/or the Freedom 5K Committee, their heirs, representatives, successors and assigns, for any and all injuries physical or otherwise suffered by me in this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been recently verified by a licensed medical doctor. Further, I hereby grant full permission to use photographs, videotapes, motion pictures, and records of me, or any other record of this entrant, for legitimate purposes. This entry is invalid unless signed by entrant. If entrant is under 18 years of age, parent or guardian must sign entry. The race committee reserves the right to reject any entry.

Signature (parent or guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_

Proceeds Benefit:



**Blue Star Families  
of Central Virginia**